

Barnes Bulletin

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Auxiliary to hold annual spring luncheon

The Barnes Auxiliary annual spring luncheon will be held at Norwood Hills Country Club Thursday, April 29. Mary Margaret Richardson, consumer affairs officer of the federal Food and Drug Administration, will speak on the topic "Partners in consumer protection: You and the FDA."

The luncheon, which includes a social time beginning at 11:15 a.m. and lunch served at noon, will also highlight election of officers and the presentation of a check from Auxiliary president Dolores Shepard to Harold E. Thayer, chairman of the board at Barnes. The check serves as the second installment on a new \$1 million pledge announced last year to design and build new emergency department facilities at Barnes.

The 670-member auxiliary raises money for yearly donations to Barnes through sponsorship of in-hospital services including the Wishing Well Gift Shop and Flower Shop, Baby Photo and the Tribute Fund. Since its inception in 1959, the group has donated more than \$2.6 million to the hospital. The Auxiliary also sponsors an active volunteer program which last year boasted 417 volunteers donating a total of 56,754 hours of service to the staff and patients at Barnes.

Summer shape-up to be offered here

Just in time for summer shape-up, Barnes will offer a unique weight-loss program beginning April 8, titled "Getting it all together: Winning at losing." The 10-week program, which meets on Thursday evenings, is offered in two sessions: an exercise and fitness class from 6 to 7 p.m., and a nutrition and weight reduction class from 7:15 to 8:30 p.m. The summer shape-up is open to the public and participants may register for one or both sessions.

"This is the first time that Barnes has offered a program that combines physical exercise and activity with nutrition education," said Linda Knight, program coordinator. The course is co-sponsored by the dietetics and education and training departments.

First session participants will join in various physical activities and exercise to music to help remove unwanted pounds and to improve fitness levels. Participants in session two will learn how to shop, prepare and eat foods the low-cal way, how to estimate the calorie content of foods, how to figure calorie limits needed to lose weight, and how to break the habits which cause weight gain.

The cost for the exercise session and nutrition class is \$35 each, or \$70 for both. For more information call Linda Knight at 454-4878.

Front cover: Gordon Eder proudly displays the self-portrait he designed and made from glass. Even while recently hospitalized at Barnes, Mr. Eder was able to continue his work as a glass artist. (See story page 3.)



Why run the risk of small hands being tempted by medicines without child-proof caps, or of large hands confusing old and new prescription drugs which may look similar in the bottle but cause uninvited reactions in the body?

Make spring cleaning include medicine cabinet

When making up a spring cleaning agenda, do not forget to include the medicine cabinet, advises Dr. Robert Marcus, Barnes emergency department assistant director.

Prescription medicines kept beyond the expiration date and those left over from a previous illness or infection should be discarded either by flushing or putting them in the garbage disposal, he said. Drugs that have become discolored or rancid also should be disposed of in this manner. (Dr. Marcus stressed, however, that there should be no such thing as "left-over medicine" because it is important that patients finish their prescriptions even if they begin feeling better before all the medicine is used.)

Spring cleaning should be followed by an inventory and purchase of needed items. All medicines kept on-hand should have a child-proof cap and should be kept out of a child's reach. "Syrup of ipecac, used to induce vomiting, should be kept in your medicine cabinet if you have small children," said Dr. Marcus, "but should never be administered without first consulting your physician or the Poison Center at 454-6099."

People who have need of long-term medication for such problems as heart disease or high blood pressure should check their supplies periodically to make sure they always have a sufficient amount stocked. People with severe allergies should also keep appropriate medications on-hand, he said.

Items such as aspirin or tylenol to reduce pain and fever should be kept in a home medicine cabinet. Hydrogen peroxide or another type of antiseptic cleaner should be kept to cleanse minor wounds. Betadine and antibacterial ointment can be used to treat minor cuts and scrapes. Adhesive bandages, tweezers to remove splinters and a thermometer are always good to have around, too," said Dr. Marcus.

Barnes staff aids man caught in press

For nearly two hours on March 9, Robert Wingench lay trapped in a printing press 15 feet above ground while rescue workers and Barnes emergency department staff attempted to extricate and comfort the 32-year-old Chase Bag Co. employee.

The Barnes emergency department had been alerted around 10:30 a.m., shortly after the accident occurred, that Mr. Wingench would be arriving at Barnes as soon as rescue workers could free him. "We instructed paramedics on the scene to start an IV and apply sterile dressings to Mr. Wingench's arm once he was freed," said Dr. Robert Stine, emergency department director.

"Another half an hour passed and we still hadn't received Mr. Wingench. The rescue team was unable to cut through the thick metal printing press to free his right arm that was caught under a steel roller. Before long, they called back to ask us to come to the accident scene to lend medical assistance in alleviating Mr. Wingench's excruciating pain; it also was believed that his arm might have to be amputated to free him."

A policeman interviewing a patient in the emergency room took Dr. Stine; Dr. Michael Freeman, surgical resident; Cindy Dunlop, emergency department patient care supervisor; and Peter Rosenbaum, a fourth-year WU medical student, to the scene of the accident.

"When we arrived with resuscitation equipment and cardiac drugs, we found that the victim was caught in a giant press about 15 feet high and 20 feet long," said Dr. Stine. "It was a very complicated situation. We had to stand on ladders to get to the victim, and even then, we could only reach his feet."

"Our main concern at that point," said Dr. Freeman, "were his vital signs. We were able to determine that he had not lost much blood. Because we couldn't reach his free arm, we removed his shoes and socks and checked his foot for pulse and blood pressure. Both were good; we hooked up an IV to his foot and he remained conscious and stable throughout the ordeal."

"When we first arrived," said Miss Dunlop, "it appeared that the victim was caught in the machine up to his waist. All we could see were his legs hanging over the edge. Once we were up on the ladders we could tell it was his arm caught up to the elbow. He was very distraught and in extreme pain. The biggest job we performed while the rescue squad worked to free him was to give him moral support and try to convince him that he'd be all right."

"We didn't have morphine at the scene, so a police officer brought me back to Barnes to pick up some. When I returned, we administered the

(continued on page 2)

Barnes aids man

(continued from page 1)

drug through the IV. It was around noon when the rescue squad was able to saw deep enough into the roller to break it apart with a hydraulic jack and free Mr. Wingensch's arm."

"I certainly learned a lot," said Peter Rosenbaum, who had been in the emergency department as part of his elective rotation when the call for help came. "It was good experience to assist the doctors in such a complicated setting."

Mr. Wingensch's condition was assessed at the scene when he was freed. Dr. Stine's team put an IV in the victim's left arm and applied a sterile dressing to the injured right arm before Dr. Freeman and Miss Dunlop accompanied Mr. Wingensch in the ambulance to Barnes.

"It was a de-gloving type injury," said Dr. Stine. "The machine had ripped the skin tissue down from above the elbow. There was extensive soft tissue damage, but no bones were broken. Plastic surgery assessed his condition and took him to surgery."

Dr. Chris Wray, Barnes/WU plastic surgeon, explained "Because Mr. Wingensch's arm had been trapped for such a long period of time, the muscles were swollen and the blood supply to his hand and nerves could have become cut off, seriously injuring his hand. We opened the muscle fascia of the hand and arm to relieve the compression."

"Because the machine had peeled the skin tissue off," said Dr. Wray, "Mr. Wingensch also had to undergo skin graft surgery several days after he was admitted. Several weeks of physical therapy were to follow. There will be scarring, but he probably will have satisfactory use of his arm and be able to work again."

Lesser, Potter named nursing administrators

Pam Lesser and Pat Potter have been named assistant directors II of Barnes nursing service. Ms. Lesser has responsibility over newborn nurseries, premature nursery and obstetric/gynecology divisions. Ms. Potter's responsibilities include general, orthopedic, urologic, plastic and oral surgery divisions.

Ms. Lesser received her bachelor of science degree in nursing in 1970 from the College of Saint Teresa in Winona, Minnesota. In 1977 Ms. Lesser received her masters of science degree in nursing from the University of Minnesota in Minneapolis. Before coming to Barnes in March she was an associate director of nursing service education at St. Mary's Hospital in Rochester, Minnesota, and a member of the adjunct faculty at the hospital's school of nursing. She had also served as a pediatric clinical nurse specialist at St. Mary's.

Ms. Lesser worked as a staff nurse in pediatrics and neonatal intensive care at Loyola University Medical Center in Maywood, Illinois, from 1974 to 1975. In 1977 she worked as a pediatric staff nurse at Fairview Hospital in Maywood, Illinois.

Ms. Potter was formerly head nurse of the 6200 surgical division before being promoted to her newly created position. A 1970 graduate of Barnes Hospital School of Nursing, Ms. Potter holds a bachelor of science degree in nursing from the University of Washington-Seattle, and a masters of science degree in nursing from St. Louis University.



Pam Lesser and Pat Potter

Ms. Potter worked as a surgical intensive care nurse at Doctors Hospital in Seattle from 1970 to 1972. From 1972 to 1978 she was an instructor in the Barnes School of Nursing. In 1978, Ms. Potter joined the staff of St. Louis University where she was an instructor in the nursing school until her return to Barnes in 1981.

Patient reaches out; Barnes takes hold

What has happened to Anne could happen to anyone. She frequently forgets things—things like turning off the stove burner, changing her clothes or even what day it is. Anne is senile.

Loyce Rutherford, from the Barnes medical staff office, was Anne's first contact with Barnes. She would call Mrs. Rutherford for a doctor referral, but once the appointment was made, would never keep it. "This went on for quite some time," said Mrs. Rutherford. "I set up appointments for her with several doctors, but all were cancelled. I knew this woman needed help, but I didn't quite know how to get it for her. I went to Barnes social work director Evelyn Bonander and arranged to have her call Anne."

Ms. Bonander was able to establish certain facts about Anne's case. "Anne is a 78-year old widow who until recently lived alone in her modest apartment with her two cats," said Ms. Bonander. "She is a former fashion buyer for a department store who was now buying her clothes from the Salvation Army. Her only relatives are a daughter living in Australia and a 60-year-old nephew living in St. Louis, but unable to care for her. She knew she needed help and for over a year, was, in her own way, reaching out."

In early 1982, Anne called Mrs. Rutherford again, telling her she had been knocked down by an intruder and had severe pain in her side. Mrs. Rutherford called Ms. Bonander again, who was able to reach Anne's nephew. Together they arranged to have her taken to Barnes for a doctor's appointment. She was admitted that evening. Anne's main medical problem was senility, combined with poor nutrition.

Social worker Bert Hitchings was assigned to Anne's case. "It was evident that Anne could not live alone and would need nursing home care, but she had to be convinced. Admitting her to a nursing home would not have been the answer. She needed to go voluntarily."

During Anne's hospital stay, Ms. Hitchings worked with Anne's nephew and outside services assessing Anne's needs and evaluating her

condition. "She was very lonely and confused," said Ms. Hitchings. "It took her four to five days to remember events. I did a great deal of reality orientation with her, spending several hours day going over what day it was, her name and various aspects of her life."

"With a lot of patience and persistence," said Ms. Hitchings, "we can work and succeed with senile persons. By orienting them to the present, they can eventually make decisions about their welfare. This happened in Anne's case."

Anne was finally convinced that a nursing home was the answer to her problems. Today, she is living in a home and her health is improving. "She is a very talkative and interesting person, capable of more than what she had been doing," said Ms. Hitchings.

With the proper diet and medication, as well as organization to her life, Anne might be able to go back home.

Klein, Meyer receive promotions in E&T

Wally Klein has been named director, and Janet Meyer assistant director of Barnes education and training. Mr. Klein, formerly assistant director of education and training, was named acting director in December. Miss Meyer was previously an educational coordinator for the department.

Mr. Klein holds bachelor of arts and journalism degrees and a master of arts degree in education. Before coming to Barnes in April, 1977, he was the director of training and development at Lutheran Medical Center.

He is a member of the American Society of Health Manpower Education and Training, and has been an active member of the local chapter. He is also a member of the American Society of Training and Development and the Adult Education Council of St. Louis.

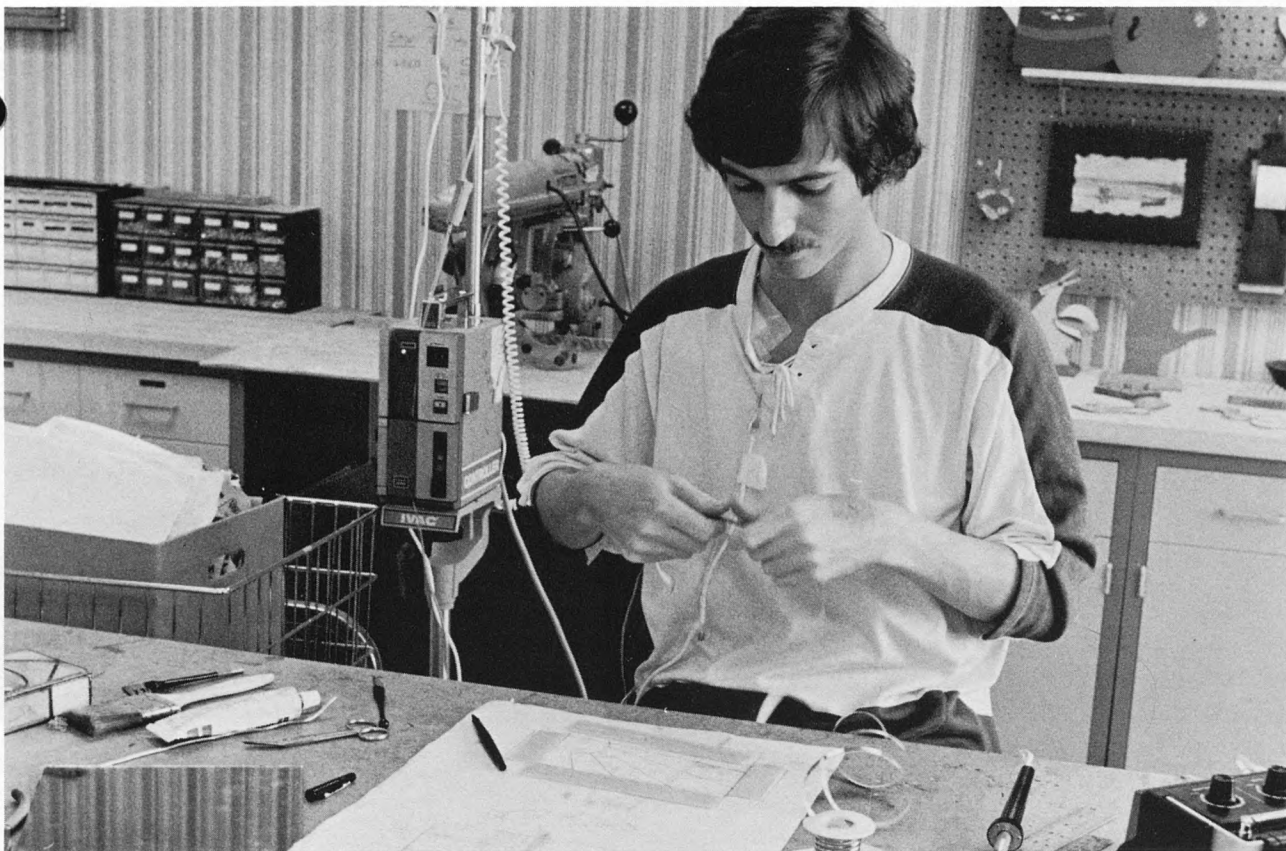
Miss Meyer holds bachelor of science degrees in education from the University of Missouri and in nursing from St. Louis University. Presently she is pursuing a masters degree in nursing at St. Louis University.

Before coming to Barnes in 1982, Miss Meyer served as an instructor for the training and development department of Lutheran Medical Center from 1978 to 1981. From 1976 to 1978 she was a staff nurse at Truman Veterans Hospital in Columbia, Missouri. She was also a medical records librarian for Sutter Clinic in St. Louis from 1973 to 1975.

She is a member of the American Nursing Association, and is serving as the 1982 president of the Greater St. Louis Society for Healthcare Education and Training.



Wally Klein and Janet Meyer



Mr. Eder made several stained glass jewelry boxes while hospitalized at Barnes recently. The designs used on the boxes are never duplicated.

Stained glass art is therapy for patient

A man cradled in a crescent moon blew bubbles at Gordon Eder's window in Rand-Johnson. The man, made of stained glass, is just one of Mr. Eder's many creations which have served as a diversion from his ups and downs with Crohn's disease, a chronic intestinal disorder he has lived with for 10 years.

Describing the "man in the moon" as a self-portrait, Mr. Eder said he also blows "bubbles" as a glass artist in Lawrence, Kansas. He said he is indirectly influenced by astrology, and was born under the sign of Cancer, which makes him a "moon child." Shortly after his first bout with Crohn's disease, he turned to working with glass as a way of passing time and expressing his creativity.

In March, Mr. Eder received treatment at Barnes for his Crohn's disease, which begins with scarring of tissue lining in the intestinal tract. But during that time his work as a glass artist did not suffer, thanks to his doctor, the activity therapy director, and other members of the Barnes staff who helped make it possible for Mr. Eder to utilize the activity therapy area of the West Pavilion.

Initially, Mr. Eder talked with his doctor about his interest in continuing his work while hospitalized. In turn, his doctor contacted Cheryl Brady, activity therapy director, who made arrangements for Mr. Eder to set up a work area in that area.

It is not yet known what causes Crohn's disease, but at age 28, Mr. Eder remains optimistic that a cure will be discovered in the near future. One stained glass hanging Mr. Eder designed was inspired by the first operation for his condition. The intricate window shows two hands pulling strings and is often misinterpreted by onlookers as the hands of a puppeteer. Actually Mr. Eder said the glass represents a dream he had while in surgery. "In that dream I resolved to live," said Mr. Eder.

Mr. Eder uses a copper foil technique to hold pieces of stained glass together, and takes special pride in the hinge he developed for his glass boxes. While hospitalized, Mr. Eder finished

several small stained glass jewelry boxes. Each box had an original design which will not be duplicated and carries his signature and date on the inside.

Mr. Eder had an exhibit of his glass work at one of the area public libraries in his hometown, Lawrence, Kansas. When he returns he plans to work as an apprentice in a sign shop to learn how to incorporate neon with stained glass.

"I really feel that I'm in good hands at Barnes. The staff have gone out of their way to make me comfortable. I feel fortunate to be able to work on my glass art while at Barnes—it's sort of an extra plus."

Employees to be honored at semi-annual awards dinner April 23

Barnes will honor 127 employees celebrating 10, 15, 20, 25 and 30-year anniversaries between January 1 and June 30 at the service awards dinner to be held April 23 at the Sheraton St. Louis Hotel. A second dinner will be held in the fall for those employees celebrating noted anniversaries from July 1 to December 31.

Grady Jim Robinson, a comedian who has appeared on television and in Las Vegas and New York nightclubs, will be the evening's after-dinner speaker. Mr. Robinson is best known for his stories about growing up in Arkansas, tidbits on American life, Mr. Rogers as head of the CIA, and TV commercial satire—Minnie Pearl for Paul Masson Wine or Truman Capote for Red Man Chewing Tobacco.

Six persons share top 30-year honors including Dottie Donaldson, nursing; Helen Keller, central service; Mamie McAllister, laundry; Charity Moore, nursing; Marie Watson, nursing; and William Williams, pharmacy.

Twenty-five year employees include Beatrice Anderson, central service; Yadwiga Belkin, nursing; Ethel Breidenstein, laboratories; Marie Goodwin, nursing; Delores Holly, nursing; Ora Johnson, nursing; Arethia King, nursing; Rosie Phillips, nursing; Maron Walker, nursing; Carrie Young, nursing.

Twenty-year award recipients are Pat Berryman, president's office; Rosa Burton, nursing; Emma Fentress, housekeeping; George Heine, pharmacy; Marcella Hoffman, nursing; Marva Johnson, dietetics; Magnolia Mason, clinic nursing; Mattie Perry, nursing; Robert Rechtein, controller's office; Vivian Redd, nursing; Laverne Vassel, payroll.

Forty employees celebrating 15-year anniversaries include Doris Atkinson, nursing; Robert Ayers, anesthesia; Doris Bost, nursing; JoAnn Bray, pharmacy; Carolyn Bulliner, nursing; Samella Burns, cashiers; Marvin Bush, sign shop; Edward Chaffin, plant engineering; John Chisolm, pharmacy; Annie Foggy, central service; Winifred Gadell, nursing; Donna Granda, nursing; Shirley Green, nursing; Azie Griffin, nursing; Lee Grimes, nursing; Eletha Hamilton, laboratories; Marlene Hartmann, administration; Kathy Johnson, laboratories; Earline Jones, nursing; Pat Keys, nursing; June Marshall, nursing school; Dorothy McClure, housekeeping; Shirley Meister, human resources; Myrlene Moore, nursing; Violet Moore, nursing; Willie Mosley, dietetics; Billie Nelson, central service; Stella Norman, nursing; Doris Nowden, nursing; Onnie Randolph, nursing; Cheryl Robinson, nursing; Tommia Russell, dietetics; Centa Schmitz, nursing; LaVonda Spencer, nursing; Irene Stanley, nursing; Mary Tumulty, management engineering; Bertha West, nursing; LaVerne Weston, nursing; Naomi Williams, dietetics; and Ethel-rine Wingo, housekeeping.

Ten-year anniversaries are being celebrated by Fannie Bishop, housekeeping; Dorothy Blaylock, nursing; Renee Britton, dietetics; Edward Brown, housekeeping; William Burkett, security; Mary Chapman, housekeeping; Colette Chase, nursing; John Clark, security; Sandra Clark, dispatch; Earline Conell, nursing; Ethel Cross, laundry; Willa Delaney, nursing; Severa Doss, housekeeping; Erma Dungins, laundry; Paula Duryea, nursing; Lena Edmonds, nursing; Grace Faszholz, admitting; Eugene Foeller, plant engineering; Cecilia Gardner, dietetics; Patricia Gartner, dietetics; Anna Belle Hall, housekeeping; Robert Handlong, nursing; and Nathaniel Heavens, QT restaurant.

Katie Heil, laboratories; Annie Hennings, housekeeping; Vickie Hensler, controller's office; Sara Hodge, nursing; Magnolia Humphries, housekeeping; Joyce Johnson, dietetics; Kathern Johnston, QT restaurant; Denise Kelley, dispatch; Vincent Lee, dietetics; Gloria Lopez, telecommunications; Jimmy Mahones, QT restaurant; Jean Market, housekeeping; Martha Mason, dietetics; Macnolia McKinney, nursing; James McQueen, plant engineering; Henry Midden-dorf, plant engineering; Willie Mobley, dietetics; Margaret Monroe, nursing; Samuel Morgan, security; Blandine Morris, medical records; Edith Mosley, laundry; and Alice Owens, dietetics.

Sandra Payne, laboratories; Jean Peoples, nursing; Germaine Rheame, anesthesia; Charles Robinson, laboratories; Jay Sachs, nursing; Lois Scott, nursing; Johnnie Sevier, nursing; Martha Sim, nursing; Nellie Tolliver, clinic nursing; Leroy Watson, dietetics; Loretta Watson, laundry; Barbara Wilson, housekeeping; Melvin Wright, laboratories; Mary Ann York, dispatch; and Jo-Ann Young, dietetics.

The service awards dinner includes a social hour beginning at 7 p.m., dinner, entertainment and the presentation of anniversary pins. Honorees celebrating 25- and 30-year anniversaries are invited to bring a guest for the evening. Free parking is available on the hotel's parking lot on the south side of the Sheraton.



"When we
it makes us
music ●

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Music. It's the universal language everyone seems to enjoy in one form or another. It's also a form of creative expression and recreation for several Barnes employees who regularly render their own special blend of sounds after their workday ends.

Music mainly for the fun of it has been the prime leisure-time activity for Barnes administrative secretary Danette Miller and her husband Jack for several years. As two of a four-member group called Trilogy, Mrs. Miller and her husband, who is studying to become a respiratory therapist, perform "just about everything from polkas to ballads" to keep their audience happy. Usually their weekends are booked solid with wedding receptions and local club dates. In fact, most of their musical engagements are booked more than six months to a year in advance.

For several years the mezzo-soprano led the life of a professional singer on-the-road with groups known as Captain Jack and D.D. Jett. Her first "real job" as a singer came as a member of a group called Four Hits and a Miss, which primarily performed for wedding receptions. "Life on-the-road is often tough, but an unforgettable experience," Mrs. Miller said.

"There wasn't much to do except eat, sleep and watch TV until you went on stage in a strange town. And just as soon as you made some money it usually had to go back into buying clothes and food or paying travel expenses," said Mrs. Miller. "We really met some neat people, though. In spite of it all, even when I was starving and my cat was sick, I don't regret the experience. Music is a great release for me after working an eight-hour day at the hospital."

Religious music has been a creative outlet for Barnes print shop employee Harold Gander. Son of a minister of a nondenominational church on the southside, Mr. Gander has been performing religious music since he was 16. As drummer for a seven-member group called Glad Tidings, Mr. Gander plays everything from traditional hymns to contemporary religious songs composed by members of the group. "We hope the group will record an album sometime this summer," said Mr. Gander.

All of the members of Glad Tidings are related, except the trumpeter, who is a good family friend. Their blend of instrumental and vocal harmonies are often found in church and young adult retreats in Mountain View, Missouri, as

well as area Christian entertainment centers. "When we make the audience happy, it makes us happy," said Mr. Gander, "and makes our music worthwhile."

Barnes education and training media specialist Dennis Rogers channels his musical creativity and energy into composing, performing and preparing "easy-listening rock" demonstration tapes for several recording companies on the west coast. At one time the going was pretty rough, and his tapes were rejected, but now several recording companies have asked Mr. Rogers to keep submitting material.

Mr. Rogers worked with England Dan and John Ford Coley in 1977 on a contemporary religious music album which was distributed nationally about the Baha'i world faith.

"I went to California in 1979, and one record producer tore up the material of the group I was then playing with called Acre. He said he hoped we had another line of work," mused Mr. Rogers. "It's a tough business and I've been playing off and on for 15 years. When you're on the road, the money isn't bad but you sort of reach a burn-out point. It becomes difficult to get creative if you're always traveling, so I prefer to just record."

"Middle-of-the-road music," as Mr. Rogers calls it, "will probably be around for a long time." While he said the recording industry is presently in a slump and the public's musical preference unpredictable, the "easy-listening" category is also a safe one since it covers about 25 percent of the musical marketplace.

Barnes assistant security director Richard Mansfield has been performing professionally for 25 years "from the six-state radius around Missouri to the four corners of the country," but prefers playing concerts on his lunch hour or in his spare time rather than life on-the-road. "Traveling is a hard price to pay for a very demanding lifestyle," said the tenor saxophone player. "Maybe I'd like to record, produce or arrange now. In fact, I view it as the last musical frontier for me. I have cut some soundtracks that have been aired nationally; and some are just sitting on a shelf until a producer comes along and decides to release a certain song."

Mr. Mansfield often plays with five or six members of the local musicians' union and used to play at the London House nightclub in East St. Louis regularly. Several years ago as a member

of The Magnificent Seven, Mr. Mansfield played back-up accompaniment for some of the Motown greats—Michael Jackson, the Supremes, and Martha Reeves and the Vandellas.

During the sixties The Magnificent Seven played a benefit concert for the St. Louis Board of Police Commissioners. Since Mr. Mansfield had



Mr. Mansfield

make the audience happy,
happy and makes our
hivile."

MUSIC, MUSIC, MUSIC

another musical engagement to play, he was unable to be available for presentation of a certificate of appreciation. Several years later he called the police department on a completely different matter, but the officer Mr. Mansfield spoke with recognized his name and arranged for him to receive his certificate, even though it was a few years late.

Today Mr. Mansfield frequently plays benefit concerts for the musical trust fund of the Musicians' Association of St. Louis. The money raised goes to a number of charitable organizations in the area, he said. He often takes his lunch hour to play concerts at Stix School and Gateway State School, returning refreshed and energetic, ready to resume his security responsibilities.

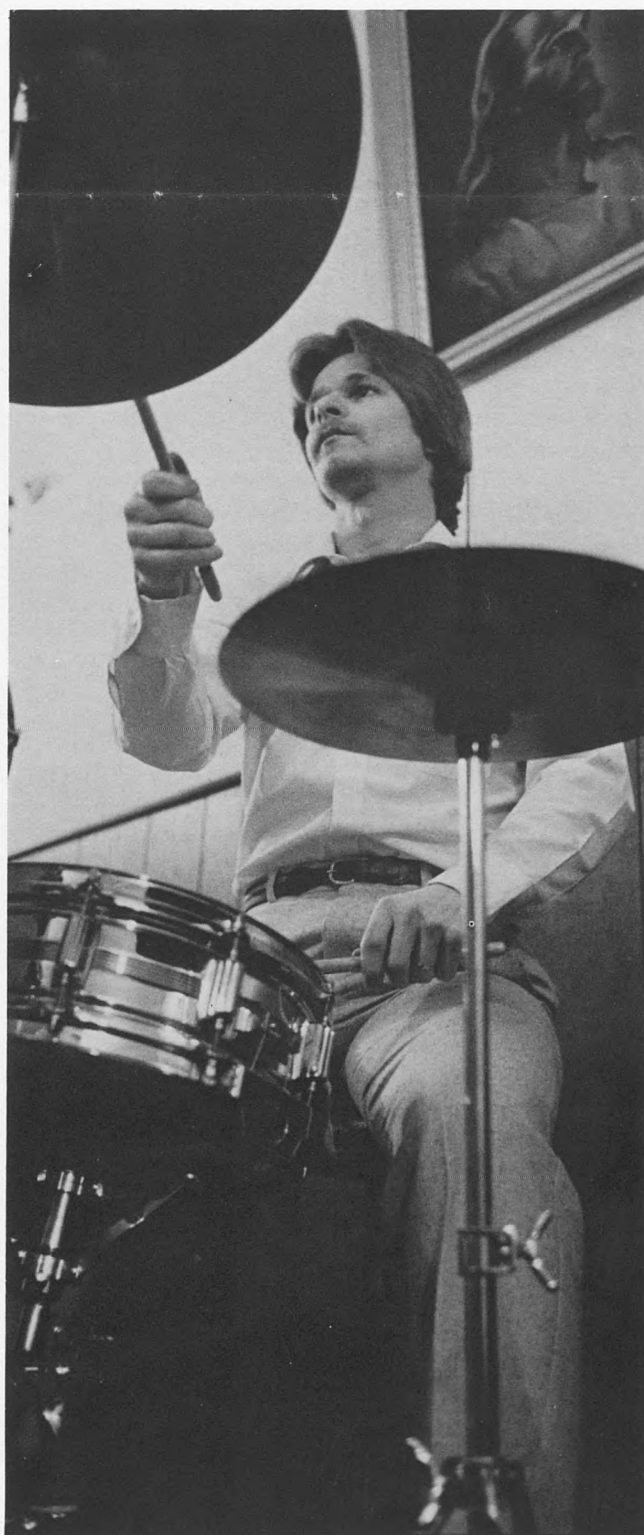
"Music is a release for me, and something that's really important in my life," said Mr. Mansfield. "It's a beautiful experience. Music is something everybody can relate to, and it's something you can share in a happy situation with people," he explained. "Music is a hobby and a form of recreation that allows me to find myself and relate to complete strangers."



Mr. Rogers



Mrs. Miller



Mr. Gander

Barnes to participate in career fair

Barnes human resources representatives and members of the nurse recruitment office will participate in a career awareness fair for 2,000 city and county eighth graders on April 22 at Kiel Auditorium, according to employment/recruitment director Allen Palmquist.

"We strongly believe that today's young people are more competitive and career-minded than ever. They have to make professional decisions earlier in life to plan their educational decisions," said Mr. Palmquist. "Therefore, we want to be available to students to provide information and answer questions about Barnes and the health care field in general."

According to the St. Louis Public Schools division of career education, the purpose of the career awareness fair is to allow students to become aware of nontraditional and traditional careers, and to show the diversity of educational opportunities available in the St. Louis area.

Junior volunteer recruitment begins

Teenagers aged 14 and over are invited to apply for the 100 volunteer positions open this summer in the JV program at Barnes Hospital, according to volunteer director Deborah Bobinette.

JV summer openings include such areas as admitting, dietetics, patient discharge, information desks, radiology and recovery room. Some teenagers are eligible for the nurse volunteer program.

"As junior volunteers, teenagers not only find personal satisfaction in serving Barnes and its patients, but also have an opportunity to get first-hand knowledge of careers available in the health care industry," said Mrs. Bobinette. "JVs also learn how to meet and work with other people and learn new skills and enjoy the disciplines of an important job."

For more information on the JV program at Barnes, contact Mrs. Bobinette at 454-3446.

Vitreoretinal symposium to be presented here

A one-day vitreoretinal symposium will be held in the East Pavilion auditorium of Barnes on April 18 from 8:30 a.m. to 4:30 p.m. The symposium will offer a clinical review of current theory and practice in the diagnosis, treatment, and overall management of vitreoretinal problems.

The symposium, which is sponsored by the Retina Research & Development Foundation and WUMS ophthalmology department, includes topics on trauma, the macula, and diabetic retinopathy. Each session will contain pertinent case presentations and allow ample time for discussion.

Drs. Glen Paul Johnston, Issac Boniuk, Gilbert Grand, Dean Burgess, R. Joseph Olk, Edward Okun, Neva Arribas and Richard Escoffery of the Barnes/WU staff will serve as symposium moderators.

The cost will be \$100 for physicians; registration for residents will be paid by the Retina Research & Development Foundation. Further information may be obtained by calling 454-3087.



Since February Brian Pruellage has been assisting patients and visitors at the main entrance as a member of the new special services division at Barnes.

New service begun to lend a hand

My wife Pauline is at present using a walker; to get up to her doctor's office at Barnes, she must have a wheelchair. To provide this necessity on several occasions, Mr. Pruellage has been of tremendous help. I cannot tell how pleased we are with his kindness and helpfulness. We have never experienced such fine treatment in any other hospital.

—Philip Ginsburg

Since February, Brian Pruellage has been on duty at Barnes main admitting entrance to assist those who need information or a helping hand. "The new position is part of security's special services section which has been implemented to give more personalized service to Barnes patients and visitors," said vice-president Dillon Trulove.

Mr. Pruellage, who is on duty Monday through Friday from 8 a.m. to 4:30 p.m., is available to assist incoming patients out of arriving vehicles; to answer questions on parking options; to give directions or to assist visitors inside to the information desk where personnel can direct them to outpatient facilities, to doctors' offices, or to patient rooms.

"Sometimes this complex can seem just that—complex—or a wheelchair and luggage can be more than one person can manage to get through the door," said Mr. Pruellage. "I'm here to help take away the initial fear of the unfamiliar—to lend an extra hand."

Edith Perry retires

Edith Perry, 5500 unit clerk, retired February 12, after almost 21 years of employment at Barnes Hospital. Executive vice-president Max Poll presented her with a certificate of appreciation for her years of service to the hospital.

At a party given in her honor, Mrs. Perry's head nurse Lesley Martin said, "Barnes is losing a very dedicated and hard-working employee. Edith will be greatly missed."

A floral arrangement laden with "money leaves" was given to Mrs. Perry by her co-workers. She plans to use the money toward traveling adventures with her husband, Isaac, who is also retired.

Hospital notes

Paula Goldberg, Barnes nursing service clinical specialist, will be a session moderator during the Oncology Nursing Society convention to be held in St. Louis April 23-25.

Dr. **Andrew Goldberg**, Barnes/WU physician, was interviewed for a taped segment of CBS "Morning News" which aired in March. Reporter Charles Crawford highlighted Dr. Goldberg's medical study in controlling diabetes with exercise and diet in patients suffering from type II diabetes mellitus. Barnes volunteer **Barbara Stroup**, a patient in the study, also appeared in the segment.

The following are reported on staff: Dr. **Robert H. Squires**, assistant pediatrician, effective January 1; Dr. **Joseph L. Portnoy**, assistant pediatrician, effective February 1; Dr. **W. Patrick Gibson**, assistant anesthesiologist, effective March 1; and Dr. **Harlan R. Muntz**, assistant otolaryngologist, effective July 1.

The American Red Cross in St. Louis has designated Barnes Hospital board members **Zane E. Barnes** and **Clarence C. Barksdale**, Barnes president **Robert E. Frank**, Barnes pediatric surgeon-in-chief Dr. **Jessie L. Ternberg** and assistant administrator **Mark Weber** as Pacesetters. Pacesetters are St. Louis community and civic leaders who set an example for the need to support the giving of blood.

Dr. **Jack Hartstein** was the moderator of the symposium, "extended wear contact lenses in myopia," at the annual meeting of the Contact Lens Association of Ophthalmologists held in Las Vegas, January 28-31.

Dr. **Daniel Schuster**, Barnes/WU pulmonary specialist, has been named medical director of the Barnes respiratory intensive care unit.

Dr. **Thomas Ferguson**, Barnes/WU cardiothoracic surgeon, served as lecturer at the Touro Infirmary, and visiting professor in the surgery department at Tulane University School of Medicine in New Orleans, January 7. He also served as guest consulting surgeon at the 26th annual Tri-State Thoracic Case Conference for physicians of Alabama, Louisiana and Mississippi held January 8-9 in Biloxi.

Dr. **Bevra Hahn**, Barnes/WU rheumatologist and director of the arthritis center, has been appointed to the 18-member National Arthritis Advisory Board by HHS secretary Richard Schweiker. The board was established by the Health Programs Extension Act of 1980 to review and evaluate the ongoing arthritis plan which was developed by the National Commission on Arthritis and Related Musculoskeletal Diseases.

Dr. **Joseph Volpe**, Barnes/WU pediatric neurologist, has been awarded a \$567,000 5-year-grant from the National Institutes of Health to continue his research on the regulation of lipid synthesis during neural development.

The Barnes Hospital School of Nursing **graduating class of 1962** are planning a 10-year reunion June 26. To obtain more information, contact Marilyn Wolf Anderson or Judy Schauman Parham, % BHSN alumni association, 416 South Kingshighway, 63110.

Barnes public relations director **Daisy Shepard** recently received notice of accreditation by the prestigious Public Relations Society of America. To obtain accreditation, qualifying members must demonstrate their knowledge and competence in public relations through a series of written and oral examinations.

'Blizzard' of '82 will be remembered

The following observations of former patient Judith A. Lowe were sent to hospital president Robert Frank after St. Louis' recent record snow-fall.

A friendly team spirit was prevalent everywhere you looked. Often, the smiling face who was taking your temperature had been on-call for the past forty hours. An extra set of clothes, toothbrush, etc. became common items everyone kept on-hand. The food schedule ran slow. Perhaps the menu wasn't just what you ordered, but it was delivered by a friendly face who took time to let you know they cared about you, the patient, and your inconvenience.

Dedicated nurses, doctors and anesthesiologists took time to listen, joke and reinforce the fact that good medical attention was available. They may have been a little tired, but no less competent. Student nurses popped up everywhere, helping with the energy that comes only with youth. The list goes on and on as to the people I encountered during the first two days.

From the students, to the old timers, all acted in a most professional manner. The same faces kept reappearing and always smiling. I've been a patient at Barnes several times in the past and have always felt the nurses were your best asset. During the past week, however, it would be very hard to point to any department or segment of employees and say they out-shone their counterparts. From the young lady who helped me to my room upon arrival, to the surgeon who had difficulty getting to the hospital, they all are to be commended for their beautiful attitude and actions during the first week of February, 1982. Those who worked behind the scenes are to be congratulated for staffing and running the hospital so efficiently.

A special thank you must be included for that great team of nurses who staff 4400. Their temperament is outstanding. There is indeed a certain rapport between patient and staff that exists in that division.

LaFrances Cockrell dies; was nurse administrator

LaFrances Cockrell, former associate director of nursing service, died March 3 after suffering a heart attack en route by ambulance to Barnes emergency department. She was 54 years of age.

Mrs. Cockrell, who suffered from kidney disease, took a medical leave of absence last fall and retired from Barnes in January after working more

than 30 years in Barnes nursing service. A graduate of St. Mary's Infirmary School of Nursing, she joined Barnes nursing service in 1952 as a staff nurse and was promoted through the ranks to become an associate director of nursing in 1973, with responsibilities over ob-gyn, nurseries, eye, and ear, nose and throat divisions. She was the first black nurse at Barnes to hold administrative responsibilities.

Remembered by co-workers as a person dedicated to her patients and employees, Mrs. Cockrell is survived by husband Wardell, two daughters, La Donna Hoskins and Brennadell Parks, and two grandchildren Glen and Anthony Parks.

Dr. Rothman dies; was an ob/gyn

Dr. David Rothman, a Barnes/WU obstetrician/gynecologist for 40 years, died of cancer February 28. He was 70 years of age.

Dr. Rothman was a 1935 graduate of the Washington University School of Medicine, and was named an assistant obstetrician/gynecologist at Barnes/WU in 1942 and an associate obstetrician/gynecologist in 1974. He had served as vice-president of the St. Louis Gynecological Society and was a fellow of the American College of Obstetrics and Gynecology.

Dr. Rothman, an accomplished violinist, was a member of the St. Louis Philharmonic Orchestra.

Barnes to observe Medic Alert week

Barnes will observe national Medic Alert Week, April 4-10, to focus on the need for people with hidden medical conditions to wear special identification jewelry, according to Barnes Auxiliary Medic Alert chairman Mary Barenkamp. "Medic Alert identification can help to diagnose problems, save valuable time in the emergency room and may make the difference between life and death" said Mrs. Barenkamp.

Close to 80 million people will have to visit a hospital emergency room this year. Through Medic Alert jewelry, people with a medical emergency can inform emergency personnel of hidden medical conditions—diabetes, penicillin allergy, heart condition, epilepsy, hypertension—when victims cannot speak for themselves.

Brochures containing information and an order form for Medic Alert bracelets and necklaces for both men and women, are located at Barnes in 18 different locations or can be obtained by calling the volunteer office at 454-3446.

Gifts to Barnes Hospital

Listed below are the names of persons (honorees in **boldface**) who have made contributions during the period February 12 to March 8 to the funds at Barnes Hospital. Because Barnes is a private hospital and does not receive public funds, it relies on the gifts of individuals to continue providing quality patient care and to support research aimed at improving the lives of our patients.

Tribute Fund

IN MEMORY OF:
Paul Peskind
Rosemary Harris

IN HONOR OF:
Lillian Hershman's
Speedy Recovery
Macy & Betty Abrams

Patient Care Fund

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IN HONOR OF:
Mrs. Leser Jablonow's
Birthday
Mrs. Hope Komm

Chaplain Davis Library Fund

IN MEMORY OF:
Joyce Sloan
Mrs. Shirley Irvin

Memorial Endowment Fund

IN MEMORY OF:
My Daughter, Theta
Mrs. Ann Tucker

Ophthalmology Fund

IN HONOR OF:
Melvin Greenspoon's
Speedy Recovery
Melvin & Susan Barad

Planned Gift Fund

Mary McCool

Cancer Fund

IN HONOR OF:
Lucille Evans and the
Blood Bank Employees
Alvin Lasky

**Barnes
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Daisy Shepard, Director

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Twenty-three registered nurses graduated from the Barnes School of Nurse Anesthesia on March 12. To qualify for admission to the 24-month program, students are required to be a registered nurse with intensive care unit experience.

Barnes Bulletin

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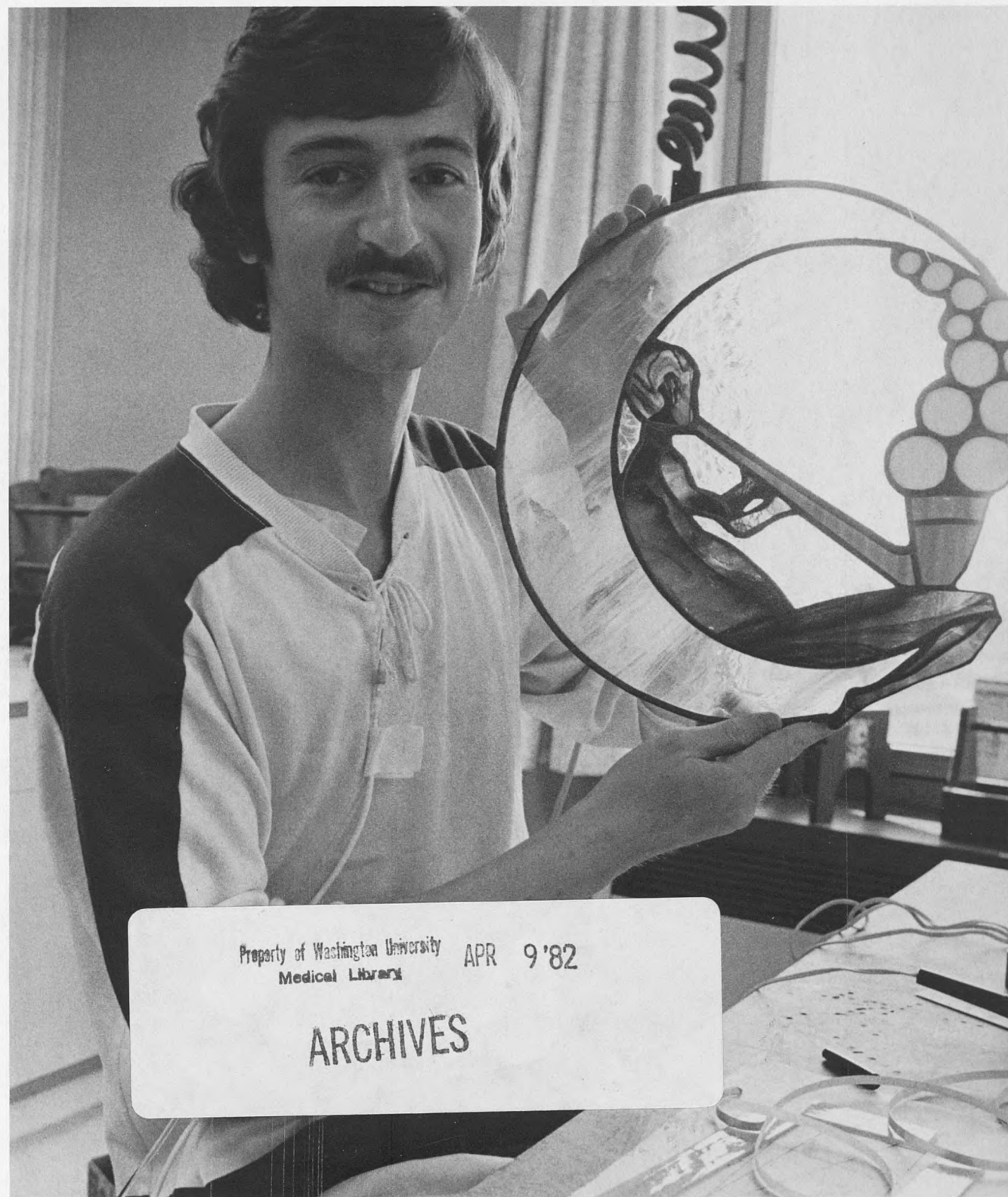
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